

REQUIREMENTS TO PROGRESS THROUGH MODULE ONE

After you attend Module One, this homework must be completed before you take Module Two.

1. Do **20 sessions** with 7-10 horses. Fill out an intake form for each horse for your **SESSION NOTES**. The form is in the student notebook you receive during class. Make notes to document the changes you find during and after the sessions.
2. Write a **3 page college-level paper** on this topic:
“What is Structural Integration (SI) and how does it relate to me?”
Get your research from multiple sources. Think about what you just learned in class, read more on it and then explain your understanding of SI work.
3. Find a local SI practitioner and **begin receiving a SI series on yourself** so you have a direct experience of SI work. Who is your SI practitioner? Complete your series by end of M3.
4. **Read 3-4 books** on the Reading List. Please choose books on topics unfamiliar to you so you broaden your understanding of horses. Our expectation is that by completion will have read 10-12 books. Don't wait until Module 3 to start.
5. Complete your Module One Business homework.

30 days prior to each Module

(a) Email your paper to: School@EquineNaturalMovement.com

Title your PAPER this way:

Your name, M1 course date, and MODULE ONE. Ex. Sue Smith Sept 2012 M1

Title the document in this format: Name M1.doc Ex. SueSmith M1.doc

(b) Include a note telling us who your SI practitioner is, what books you are reading and a 2 sentence summary of the books you've read.

(c) Bring (do not mail) your session notes to the first day of class for discussion.

YOUR STRUCTURAL INTEGRATION SERIES

Find a local SI practitioner and **begin receiving a SI series on yourself** so you have a direct experience of SI work. Complete your SI series by end of M3. Having a SI series on yourself will greatly assist you in understanding what you are doing with the horses. If you have already received a SI series prior to our training, please arrange to have 3-4 advanced sessions. Speak with your practitioner about SI work and take note of the effects of the work. All students: Write a brief summary of what you have learned about your own body and being from your SI series.

Find SI practitioners by doing a search for “Structural Integration” near me or visiting these sites:

<https://iasi.net/find-a-practitioner#/>

<http://rolf.org/>

<https://hellerwork.com/find-a-practitioner/>

<https://www.anatomytrains.com/practitioners/>

<https://www.soma-institute.org/find-a-practitioner/>

<https://www.si-directory.com/structural-integration-practitioner>

*** If you are a SI practitioner, the requirement for additional sessions is waived.*