

READING LIST

Yes, the course does have a reading list but the required books are few. Much of this list is suggested reading so you get a strong background in equine knowledge. Pick two books to read between each module and read it thoroughly. Try to pick books in areas you are not already strong in. Be frugal -- your local library may have some or can get them for you. Once you read them you'll know if you want a copy for your bookshelf. You are required to read 3-4 books between each Module.

Feel free to order these books used. We have an Amazon Bookshelf setup and you can buy them new or used. These are all linked on the website so you can simply click the link and you'll go directly to the book's page.

<http://EquineNaturalMovement.com/reading-list>

REQUIRED READING

Fascial Release for Structural Balance

Tom Myers & James Earls

Although it is about human anatomy, the concepts we use are the same for horses and you'll see them in action in Module One. Read this book before you return for Module Two.

Before you graduate from our program, we require each student to have a Structural Integration (SI) series on themselves. Do this locally. If you need help finding a practitioner, ask us. This book explains what is happening when you receive your SI series. We ask you to get a series yourself because it helps you understand what the horses feel and learn under your hands. If you study acupuncture, massage or chiropractic, you'd be expected to have direct personal experience of what the work feels like and what it does, too. Having your own series will make you a better practitioner.

For your Module One homework you will write a 3 page college level paper on the topic, "What is Structural Integration and how does it relate to you?" You will find the following books helpful on this topic. It's VERY helpful to start receiving your SI series early on so you have first hand experience on what Structural Integration can do with a human body (yours!).

*** STRUCTURAL INTEGRATION**

Rolfing: Reestablishing the Natural Alignment and Structural Integration of the Human Body for Vitality and Well-Being

Ida Rolf

History and evolution of fascial reorganization by the founder of Structural Integration

Foundations of Structural Integration

Richie Mintz

The Endless Web

Schultz & Feitis

A Practical Guide to Structural Integration: The Guide to a Ten Session Series

Lawrence G. Kaufman *a good handbook to read as you get your own SI series done*

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*** ANATOMY**

Horse Anatomy, A Coloring Atlas

Kainer & McCracken

The Atlas of Equine Anatomy (3rd edition / Regional Approach)

Chris Pasquini

This book is pricey, but it's a good one to have on your reference shelf

Horse Conformation: Structure, Soundness and Performance

Hedge & Wagoner

Principles of Conformational Analysis, Vol. 1 & 2

Deb Bennett, PhD

The Anatomy of the Horse: A Pictorial Approach

Way and Lee

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*** PSYCHOLOGY**

The Compassionate Equestrian

Allen Schoen & Susan Gordon

Understanding Your Horse: How to Overcome Common Behavioral Problems

Bayley & Maxwell

Horsewatching

Desmond Morris

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*** MOVEMENT**

Horse Movement: Structure, Function & Rehabilitation

Gail Williams

Horse Gaits, Balance and Movement

Susan Harris

How Your Horse Moves: A Visual Guide to Improving Performance

Gillian Higgins

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*** EXTRAS**

Horses for Dummies

Talk about horses with anyone, from a gran prix dressage rider to a roping cowboy. You never know who will show up as a client.

Dogsteps

Apply your work to dogs

Rachel Page Elliott

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*** EQUINE HEALTHCARE MODALITIES**

Where does my horse hurt? A Hands-on Guide to Evaluating Pain and Dysfunction Using Chiropractic Methods Renee Tucker, DVM

Complete Holistic Care and Healing for Horses: The Owners Veterinary Guide to Alternative Methods and Remedies Mary Brennan, DVM

Making Natural Hoof Care Work for You: A Hands-on Manual for Natural Hoof Care Pete Ramey

Lameness: Recognizing and Treating the Horses Most Common Ailment Christine King & Richard Mannsmann

The Well Adjusted Horse Daniel Kamen

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*** EQUINE BEHAVIOR, HUMAN-ANIMAL BOND, ANIMAL COMMUNICATION**

Animals in Translation: Using the Mysteries of Autism to Decode Animal Behavior Temple Grandin

Animals Make Us Human: Creating the Best Life for Animals Temple Grandin

Horses: From our Side of the Fence Sandy Lagno

The Tao of Equus: A Woman's Journey of Healing and Transformation through the Way of the Horse Linda Kohanov

Learning Their Language Marta Williams

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*** EQUINE TRAINING PERSPECTIVES**

Classical Schooling with the Horse in Mind: Gentle Gymnastic Training Techniques Anja Beran

Dancing with Horses: The Art of Body Language Klaus Ferdinand Hempfling

Tug of War: Classical vs. Modern Dressage: Why Classical Training Works and How Incorrect Modern Riding Negatively Affects the Horse's Health Gerd Heuschmann

**The Ultimate Horse Behavior and Training Book: Enlightened and Revolutionary Solutions for
the 21st Century**

Linda Tellington-Jones