



Stroke # 5 COUPLING

Tool: Hook fingers

Stroke Area: a) All strokes start 2" lateral to spine at the highest point of horse's hip. This stroke curves around the tubercosae and ends where hand dives into soft tissue.

b) Starts in same place and ends 6" lateral to spine.

c) Starts in same place. Ends 4" lateral to spine about 8" from starting place.

Note: Avoid pressure on barrel above stifle. Horses are sensitive there.

Purpose: Loosen lumbodorsal sheet

Gauge tension level