

The Equine Natural Movement Series

**Bring your horse's system of
muscles, bones and connective tissue
back into balance and alignment.**

- Heighten grace in movement
- Increase overall performance
- Quicken responses
- Improve precision
- Horses feel more energetic, vibrant and full of life
- Bring more power
- Greater efficiency
- Faster racing times
- Less prone to injury

What are the Benefits?

The Equine Natural Movement Series is an individualized Structural Integration sequence that is helps return your horse's body to its ideal balanced state. It is the most powerful method available for restructuring and realigning the body. Sessions unwrap structural and neuromuscular holding patterns in the connective tissue that compromise fluid movement.

These sessions can help horses organize themselves so strides become longer, backs lengthen, gaits become smoother. Your horse feels, looks and moves better.

What is Connective Tissue?

Connective tissue (fascia) surrounds all the bones and organs in the body and envelops and permeates each muscle. It's purpose is to connect the entire system into one working whole. Ideally connective tissue is elastic and gel-like, allowing each muscle and bone to glide by its neighbor, supporting and working in harmony with each other.

Marcee Daly

Swing'N "J" Farms, Wilsonville, OR

Before the series I had no big complaints with my Arab's behavior or performance but I struggled to get him to show enthusiasm. My chiropractor suggested Joseph's work. After a few sessions, the horse I harped on all the time to pick up his feet began prancing in from the field ready to go to work. He had dramatic improvement in his range of motion and movement. He responded more consistently to my aids and noticeably enjoyed himself in the arena and on the trail. I realized then how much his movement had been limited. His discomfort probably caused the many frustrating quirks I tried to overlook. My horse now has a light in his eyes and everything about him reflects how great he feels. This brings me much joy .

Nancy Kittleson

Dressage, Centered Riding and Natural Horsemanship, Edmonds, WA

My 18 year old Dutch/TB gelding had serious conformation issues. Despite chiropractic, massage and corrective shoeing, the deep holding was still there. After the series Randy is able to do things other horses take for granted. Stiff, unyielding muscles are now soft and pliable and he can move. Not only has Randy's body changed considerably but his mind also improved. He is more open and curious, interested in what goes on around him and a better partner. He willingly tries new things and feels fabulous underneath me. This series released the real Randy who had been trying to come out for so long!

Heidi Lothrop

Dressage, Houston, TX

I have wonderful news about Q. He's doing fantastic! After the last session we had a huge breakthrough and we have been going forward ever since. Thank you for pointing me in the right direction. I don't think you realize how much you have changed my life and my relationship with horses. I've learned more handling this journey back to wholeness than I have in my 25 years working with horses.

Linda Stuckenschneider

Eventing, Vancouver, WA

I bought four year old Nick fresh off the track to make him an event horse. He had a muscle bulge on the bottom of his neck, carried his head high with a hollow back, his left side was overdeveloped and his right side underdeveloped. Despite years of dressage and jumping his progress was slow. He was still asymmetrical, his right side had not developed and I felt like I was still sitting on two inches of spine. At dressage shows the judges' comments were consistent: He didn't come through his topline and did not accept the bit. I had done everything I could think of - custom saddles, double jointed snaffle, dentistry, chiropractic and more.

The chiropractor recommended the Natural Movement series. After the first session my trainers and I noticed some difference; after the second and third sessions a major difference. Nick rounded and accepted the bit. His back lifted up under the saddle. His whole shoulder began moving and he changed dramatically. At first he seemed apprehensive jumping with a new body but after the fourth and fifth session a miracle happened. I had a whole new horse. My dressage scores came up and his jumping improved. He now lifts his whole shoulder over the jumps, not just his knees. Months after the last session he continues to improve and get stronger.